17		
	Specification	

n

C-section	22	35.5%
Gym Ball	5	8.1%
Side-lying	8	12.9%
Sitting, semi-sitting	4	6.5%
Walking		0.0%
On all four, kneeling,	2	3.2%
Lying	9	14.5%
In the shower, bathtub,	4	6.5%
Standing	5	8.1%
Other	3	4.8%
Not completed, empty	56	
	118	
N	62	100.0%

## 105 Specification YES

2	22.2%
1	11.1%
	0.0%
6	66.7%
	0.0%
	0.0%
	0.0%
	0.0%
	0.0%
	0.0%
26	
35	
9	100.0%
	26

	18	Specification
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Balloon gymnastic ball	2	5.0%
Yogic breathing		0.0%
Bath, relaxing bathtub		0.0%
Missed, no time		0.0%
Antenatal education		0.0%
Shower. Ball	38	95.0%
		0.0%
		0.0%
		0.0%
		0.0%
Not completed, empty	67	
	107	
N	40	100.0%

## 105 Specification NO

Reason of C-section	4	13.8%
Pain		0.0%
oGTT recommended	3	10.3%
GDM,		0.0%
gemini,		0.0%
Induction of labour		0.0%
Contractions		0.0%
Breech presentation	3	10.3%
Leg swelling	2	6.9%
Breech presentation with	3	10.3%
S/P C-section	5	17.2%
Status post two (2) C-	3	10.3%
Large foetus	2	6.9%
High BP	4	13.8%

Not completed, empty	52	
	81	
N	29	100.0%

111 Specification C-section	
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Week 29	2	2.9%
Acute foetal hypoxia	1	1.4%
Cephalopelvic	3	4.3%
Gemini,	5	7.1%
Cephalopelvic	2	2.9%
Impending foetal	9	12.9%
IUGR,	4	5.7%
Cardiologic indications	1	1.4%
Breech presentation,	15	21.4%
immature foetus	3	4.3%
neurological indications,	3	4.3%
transverse lie	3	4.3%
S/P dystokia	2	2.9%
S/P C-section	9	12.9%
Status post C-section,	5	7.1%
Large foetus,	3	4.3%
Not completed, empty	48	
	118	
N	70	100.0%